



Strictly Come Dancing charity sweepstake for Alzheimer's Research UK

Who will be crowned this year's dancing champion?

It's that time of year to see which celebrity will waltz, salsa and cha cha cha their way to win the glitterball trophy.

The Strictly Come Dancing sweepstake is a fun and easy way to raise vital funds for life-changing dementia research! Here's what you need to do:

Instructions

1. Print and cut out the contestants' names and pop them in an envelope or hat.
Or you can use this online [sweepstake generator](#).
2. Ask your colleagues, friends, or family to draw a dancer in return for a suggested donation – anything between £1 and £5.
3. Draw the names on behalf of the participants and email them their chosen dancer. Alternatively, you could hold a live sweepstake draw on your preferred platform (e.g. Zoom or Microsoft Teams) with everyone that signed up. Simply pick the contestants' names from a hat or use the [online generator](#) and share your screen.
4. Make a note of who drew each Strictly contestant on page 3.
5. Enjoy the series and cheer on your chosen dancer.
6. We suggest that the winner keeps half the money, and the other half gets donated to Alzheimer's Research UK.



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